

# 2 NEW WORLD CLASS HANDBALL BOOKS IN ENGLISH

## FROM THE HUNGARIAN HANDBALL FEDERATION

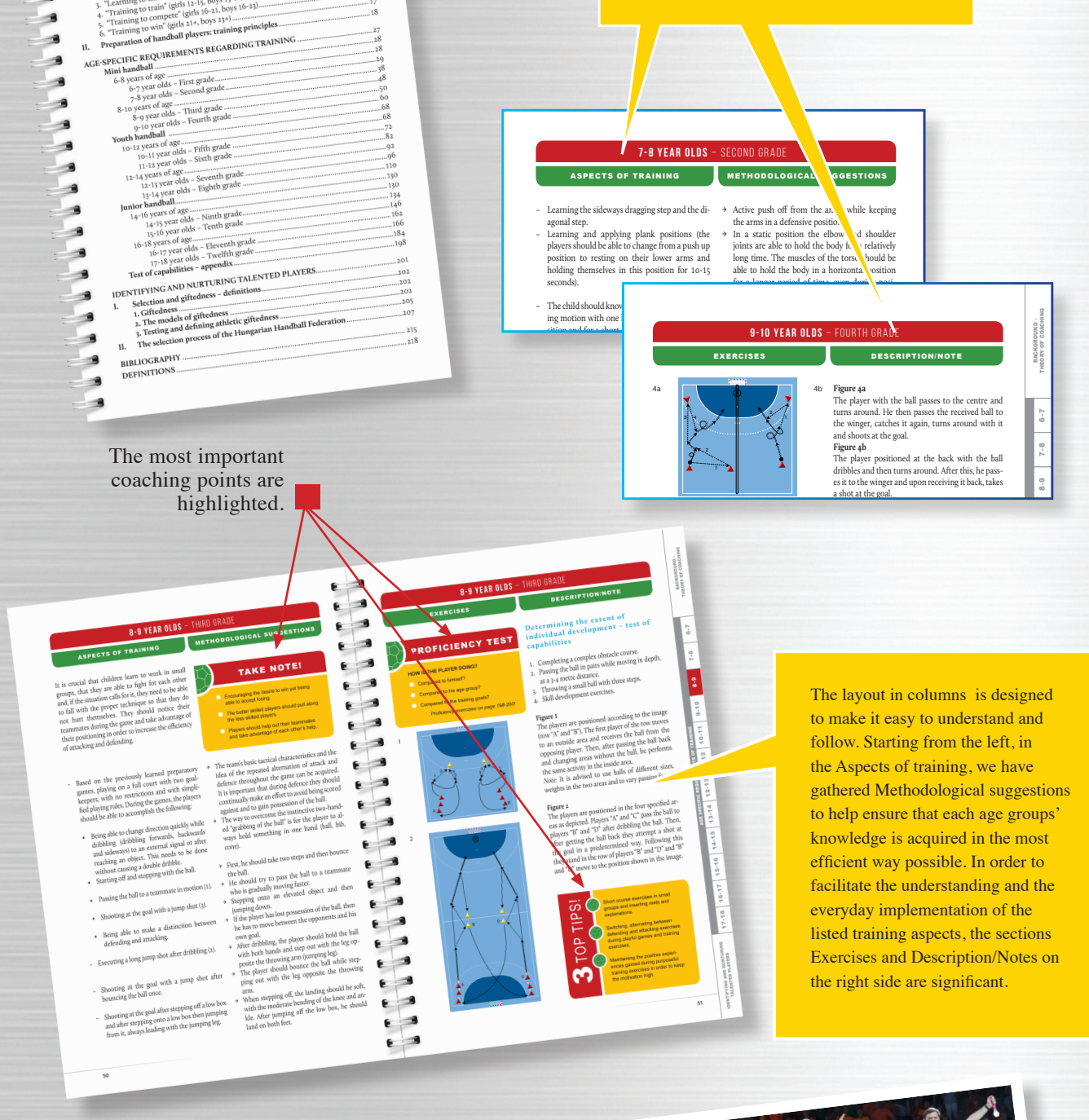


The **Age-Specific Manual for Handball Coaches**, written by Hungarian handball experts, was first published in Hungarian in 2017. As part of the new strategy for the youth development program of the HHF, the aim was to create an adequate, unified piece of literature for the coaches and teachers who work with young handball players. With all this in mind, the authors attempted to create a manual that can be utilised as a whole or chapter by chapter. Now it is also available in English.

The **Goalkeeper Training** book ... for coaches who want to know more about training the most unique player of the team ... for goalkeeper coaches who want to pass on more knowledge to their players than what they received ... for court players who want a little insight into the world of their biggest opponent ... for goalkeepers who want to nurture successful players in the future

The Age Specific Requirements Regarding Training depicts a yearly layout of the material that the coach must pass on to his players alongside the theoretical background.

## AGE-SPECIFIC MANUAL FOR HANDBALL COACHES

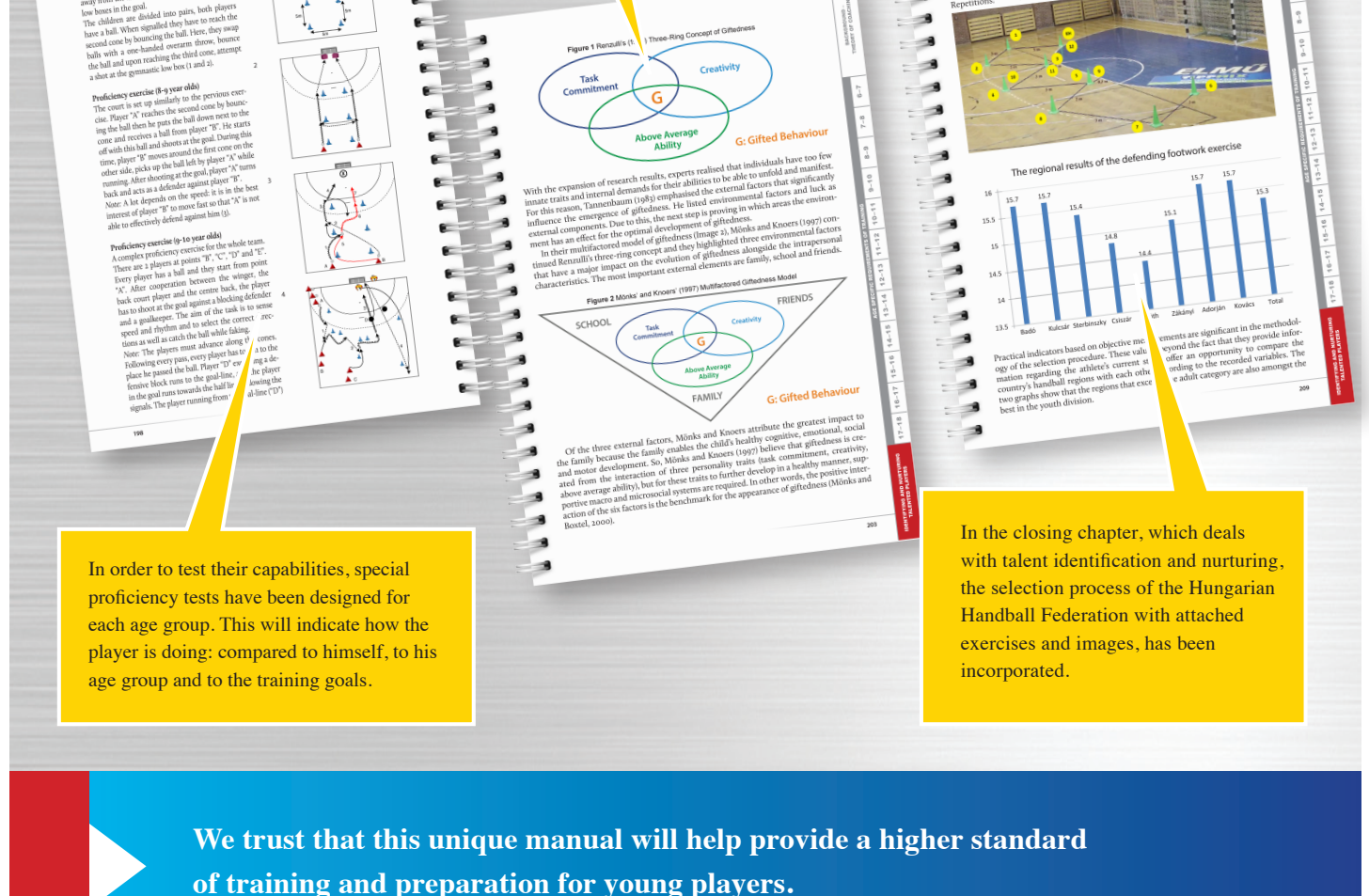


We are proud to have won both the U19 (pictured) and the U17 Women's European Championships in 2019.

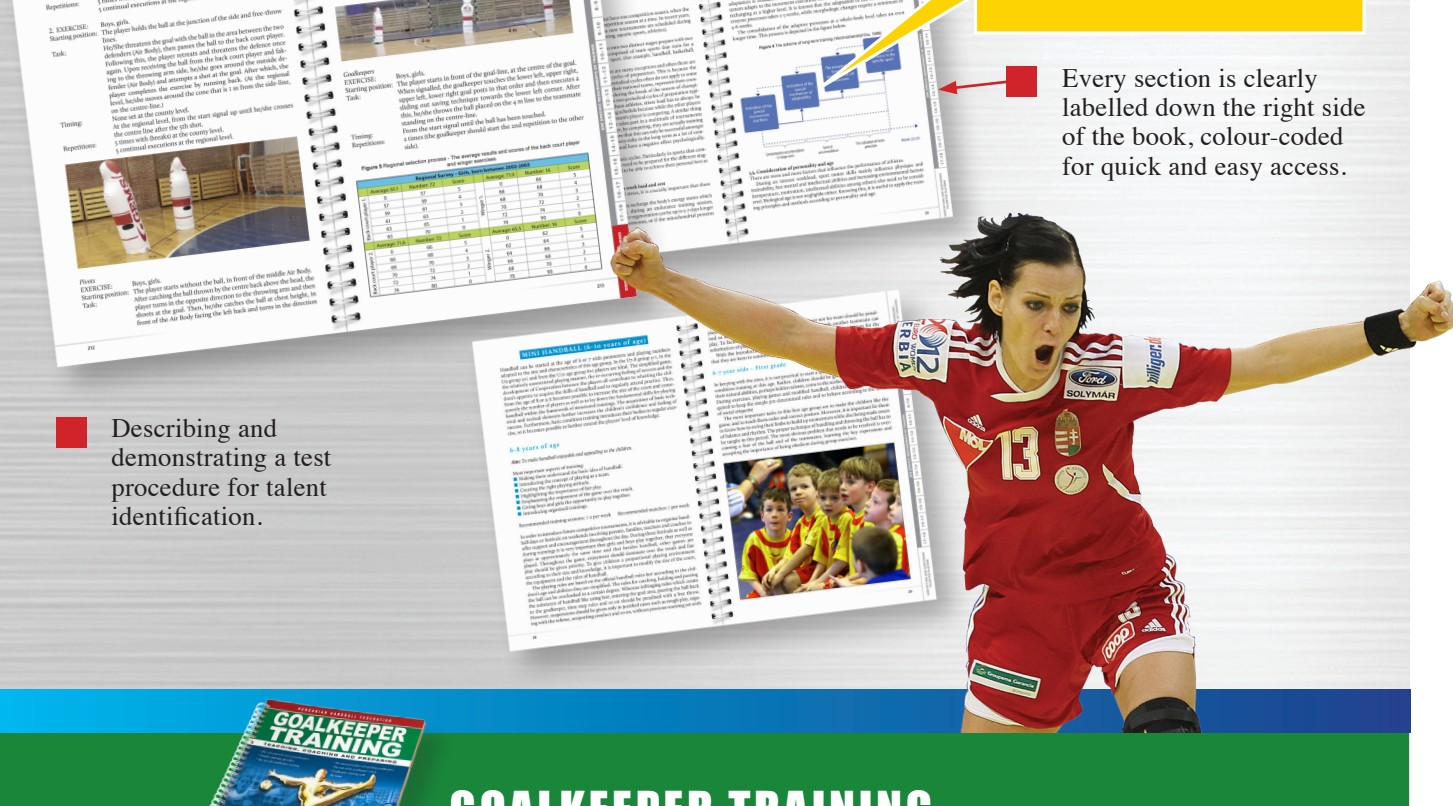
We sincerely hope that the wealth of information and knowledge available in this manual will be used to the greatest success by handball professionals worldwide.



This section provides a good base knowledge for coaches in identifying and selecting gifted children as well as demonstrating models of giftedness from the past to the present.



We trust that this unique manual will help provide a higher standard of training and preparation for young players.



## GOALKEEPER TRAINING



“This book is an excellent summary, the essence of one of the craziest playing positions in handball, the goalkeeper. It can be a great tool for next generations.”  
*Árpád Sterbik World and European Champion, 4 times Champions League winner*



The technical points explained in the text are well illustrated with action photos and explanatory drawings.



“This book is exceptionally important for handball coaches and for goalkeepers too as with this publication they can train more knowingly and precisely ...”  
*Katalin Pálinger Vice President of the Hungarian Handball Federation Represented Hungary 254 times*

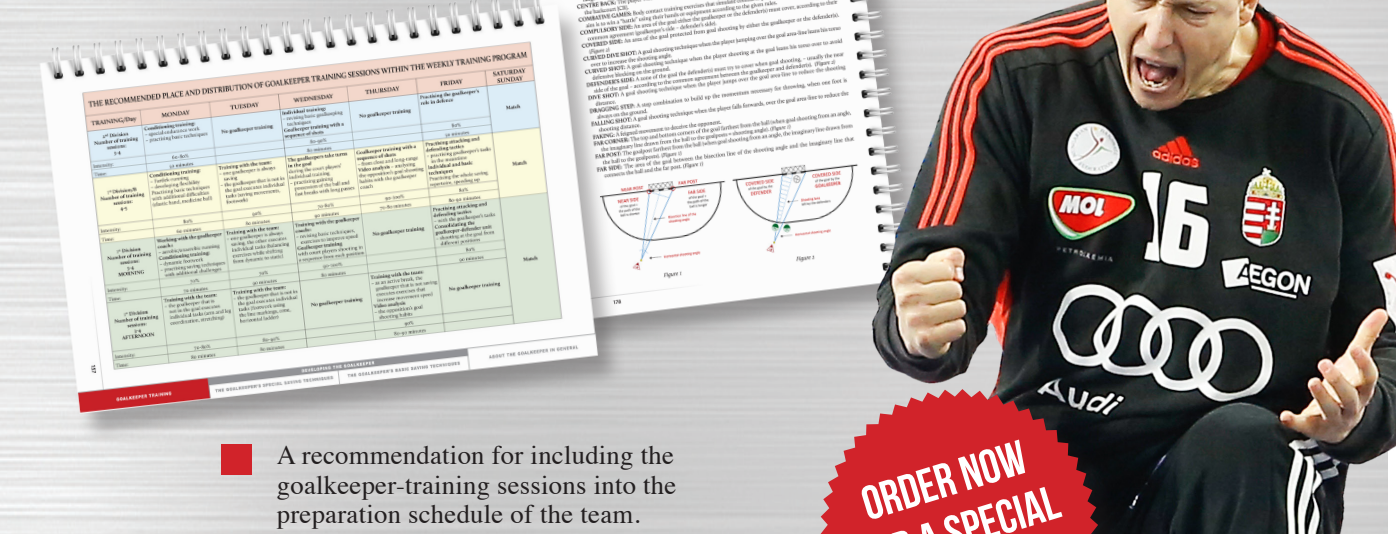


For every saving technique, several sample exercises are designed and demonstrated by the goalkeeper trainers of the Hungarian National Teams.



To facilitate the better understanding of all the technical language used throughout the manual, the authors have compiled an easy to follow glossary of special terms and expressions.

A recommendation for including the goalkeeper-training sessions into the preparation schedule of the team.



In the attachment you will find all the necessary information to make your order!

Both the Age-specific training manual for handball coaches and the Goalkeeper training are base resources for the coaching education in Hungary and they are also acknowledged and accepted by the International and Hungarian Handball Federations.

CONTACT:

ORDER NOW FOR A SPECIAL DISCOUNT!

